

Regina Diving Club Volunteer Requirement Policy (effective Aug 2019)

The Volunteer Requirement for each competitive family is as follows:

- Minimum 10 hours per athlete, up to a maximum of 25 hours per family (athletes in Water Beetles require a minimum of 2 hours per athlete); **and**
- Minimum one (1) – 2 hour shift per Regina Diving Club hosted competition (additional hours completed per event can be used toward the minimum athlete requirement above)
- Minimum one (1) equipment set up or tear down (if there are extenuating circumstances and the set up or tear down is not possible the RDC board can work with the family to determine a suitable alternative)

The Regina Diving Club will assess a \$200 invoice per athlete at the beginning of each year, as a bond against the required volunteer hours identified above.

All requirements are to be completed by June 15 each year, unless otherwise indicated (eg. Hosting an event in the summer). When your commitment is met, you will email the completed volunteer form which outlines the activities used to accumulate the volunteer hours to info@reginadiving.ca Once verified, the volunteer bond will be credited to your account (zeroed out).

Volunteer hours can be accumulated by the following activities:

- Representation on the RDC Board of Directors (monthly meetings)
- RDC hosted competitions – many roles available, such as helping in hospitality or working tables
- Equipment tear-downs and set-ups - minimum 10 per year and require a minimum of 4 adults each time
- Coordination of club events – eg. End of year party, AGM/Athlete Christmas party
- Web/social media/marketing activities as identified
- Coordination of fundraising opportunities
- Assist with Learn To Dive Fun Meets
- Other opportunities as identified by the RDC Board of Directors



Regina Diving Club Volunteer Summary

Season: 2019/20

Family Name: _____ # of Competitive Athletes: _____

of required hours: _____

To add additional rows, click on the '+' at the end of the row in the section required

VOLUNTEER HOURS - COMPETITION

Date	Competition	Time Allocated
TOTAL		

VOLUNTEER HOURS - TAKE-DOWN/SET-UP

Date	Take-Down/Set-Up	Time Allocated
TOTAL		

VOLUNTEER HOURS - OTHER

Date	Description	Time Allocated
TOTAL		

Total Hours Submitted: _____

Completed forms are to be emailed to info@reginadiving.ca

Office Use:

Required hours confirmed:

Notes: