

Regina Diving Club

PARENTAL/GUARDIAN GUIDELINES

1. Please pay your fees on a yearly or monthly basis, according to your fee payment schedule completed at time of registration. If any changes are required to this fee schedule, please contact the Treasurer prior to your cheque being cashed.
2. Complete the medical form at registration. Please submit photocopies of your diver's current Saskatchewan Health Services Card and Birth Certificate. If any changes occur throughout the year, please submit the revisions.
3. Communications from the Club and Coaches will be placed in your diver's folders. You may check your diver's folder for any mail.
4. Communications from Club and Coaches may also be conveyed via the Regina Diving Club website.
5. **Parents are encouraged to talk to the coaches, but not during training. Please contact coaches either before or after training, or phone the coaches away from the pool at 529-8050.**
6. Parents may be asked to accommodate out-of-town divers, on request (when billeting, guidelines will be provided.)
7. Parents are expected to help out at the Regina Diving Meets.
8. Parents are expected to fulfil their Bingo requirements as indicated and are encouraged to participate in other fundraising activities to offset fees.

Out-of-Town Meet Guidelines:

1. All parents are encouraged to put their names forward for the chaperone/manager of out-of-town diving meets as needed.
2. Become familiar with the Club rules and review the guidelines with your diver before each meet. Be sure your diver understands the rules.
3. Meet all deadlines for notifying the coach whether or not your diver is attending a meet.
4. All costs incurred by traveling away (van rental, gas, hotel costs, groceries, chaperone and coaching costs, etc) will be shared equally among all of the athletes participating at the competition, regardless of the number of events or days attending. Entry costs for each event an athlete enters are not a shared cost.
5. No diver shall pay more than 25% of the coaching cost when travelling to a meet. The club will pay the remainder, subject to board approval prior to the event.
6. Parents may attend any meets at their own expense, but your diver must stay with the team. Special arrangements can be requested prior to departure for the meet. Please contact the coach with your request.
7. If divers are traveling to a diving meet by air, parents are responsible for paying for the diver's airline ticket prior to the meet, independent of any deposit required by the club for costs incurred while traveling to the meet.
8. A signed permission slip with the required deposit may be required one week prior to leaving. If the coach or designated club representative has not received both, **one week**

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prior to departure, the diver will not be allowed to attend the meet.

9. While at the meet, the diver is always under the authority of the chaperone/manager or coach, regardless of whether or not the diver's parent(s) are there. The authority and decision of the chaperone/manager or coach is final. Instruct your diver that they shall not leave the supervision of the chaperone/manager or coach without prior notification.
10. The chaperone/manager and coach must be informed of any physical problems, sickness or medical requirements for your diver prior to departure.
11. It is the responsibility of the parents to encourage "good" eating habits.
12. If you wish your diver to phone you from a meet, especially young divers, advise the chaperone/manager of this.
13. Please pick up your divers immediately upon return from the meet. You will be notified by phone when the expected arrival will be.
14. Please make sure your diver understands that they are a representative of RDC and their behaviour reflects not only on them, but the Club and their family.

Parent's Etiquette:

1. Parents, please be advised that you are representatives of RDC. Please be polite and use good sense.
2. **Parents are to sit in the designated view area (bleachers behind the trampoline, or on the far side of the pool) and are asked not to interrupt training.**
3. Be supportive, courteous and respectful to all divers, coaches and fellow parents.
4. If you have a concern or problem, please follow proper procedures listed below. RDC reserves the right to remove a parent from the pool deck if problems arise.

If you have a problem with a coach or a program, please take the following action:

1. Talk to your diver's coach – if not resolved then,
2. Talk to the Head Coach – if not resolved then,
3. Talk to a member of the Board of Directors.

This procedure must be followed if the problem is to be resolved in a timely and fair manner.

Failure to adhere to this code of conduct may result in disciplinary action by the Board of Directors.

I have read the Parental/Guardian Guidelines and understand my responsibilities as a parent of the Regina Diving Club.

Parent/Guardian Name: _____ **(please print)**

Parent/Guardian Signature: _____